

Western Ohio Jr. Football Conference 2017 Playing Rules

NOTE: The WOJFC uses Ohio High School Football Rules with the following modifications.

Article I - General Rules (All Grade Levels)

1.1 Playing Rules

1.1.1 The National Federation of State High School Football Association rules, as adopted by the Ohio High School Athletic Association (O.H.S.A.A.), and the adopted rules of the WOJFC, will be the playing rules of the WOJFC for all grade levels.

1.2 Certification

1.2.1 "Only" Certified Eligible Ball Carriers/Receivers on offense "Non-Stickered Players" can be in ball eligible positions. Certification for players: see WOJFC By-Law 14.4.4

1.2.2 "Only" Certified "Eligible" Ball Carriers/Receivers on offense "Non-Stickered Players" can run the ball or receive a pass. Certification for players: see WOJFC By-Law 14.4.4

1.3 Game Duration

1.3.1 There will be four (4) timed (stopped clock) ten (10) minute quarters, with three time-outs per team, per half. There will be a minimum ten (10) minute halftime, which is flexible to cover halftime events. Host Site can reduce Halftime to no less than (5) minutes, due to delays. Both Head Coaches must agree with the Home Site request. **Restriction: Halftime will NOT be shortened if the temperature is above 85 degrees to allow for rest and rehydration.

1.3.2 If during the Second Half, any team is ahead by 30 points and BOTH team Head Coaches have verified ALL players on both teams have met the minimum 5 play rule for the second half, and both Head Coaches agree that any part of the Second Half may now be a running clock. An Official Time Out will be called and both Head Coaches, Home Site Rep and Head Official will meet on the field and both Head Coaches will show Home Site Rep the minimum play sheets for second half and both HC's will state they agree to start a running clock for remainder of the Second Half. Home Site Rep will document the Game sheet of the agreement and when clock started as a running clock.

1.4 Scoring

1.4.1 Scoring will follow O.H.S.A.A. rules with the following.

**Exceptions:

- Extra point scored by a run into the End Zone will count as (1) point.
- Kicking a PAT will count as (2) points.
- Forward Pass caught in the End Zone will count as (2) points. The receiver must catch the pass in the end zone. **Special Note: A forward pass caught outside of the end zone and run across the goal line will count as (1) point.

All grades may have any pink stickered player be on the end position for offense and eligible to be a legal receiver for extra point pass plays. HC must notify HO for any pink stickered player that will be at the end position as eligible receiver. Pink Stickered player may not catch pass except in the end zone, If outside end zone play will be dead.

1.5 On-Field Coaches

1.5.1 Grades 4th, 5th, 6th Grades: 5th and 6th grade are permitted to have 1 coach on the field of play for offense and one coach on the field of play for defense for the Weeks 1, 2, 3 only, 4th grade for entire season during the course of the game.

1.5.1a Bantam & 3rd Grade: are permitted to have 2 coaches on the field of play for offensive and 2 coaches on the field of play for defense during the course of the game.

1.5.2 All Grade Levels: "Once the ready for play whistle is blown" if an on-field coach gives any "one" or more player(s) instructions a huddle must be called and instruction given to all 11 offensive players by the on field offensive coaches. If any offensive player leaves the huddle all play instruction must stop for both offense and defense "No Physical, Verbal or Non-Verbal communication with the on-field players can be given by any on field coach. All offensive huddles must be a minimum of 5 yards from the line of scrimmage. The on-field coaches are NOT permitted to become involved with the play or communicate with the players at any time during the play. The on-field coaches must stay ten (10) yards behind the deepest player or official "whichever is deepest" at all times.

- □ 1st infraction - verbal warning
- □ 2nd infraction - 5 yards penalty (added yardage after play on defense and at previous LOS on offense or at dead ball spot if behind original LOS)
- □ 3rd infraction - 10 yards penalty (added yardage after play on defense and at previous LOS on offense or at dead ball spot if behind original LOS)
- □ 4th infraction and beyond - 15 yard automatic first down on defense end of play/ 15 yard at snap on offense loss of down or at dead ball spot if behind original LOS)

All other penalty yardage assessments will be in accordance with O.H.S.A.A. playing rules.

□ (Exception: On field coaches are permitted to call timeouts, prior to snap of ball and must be acknowledged by officials before being granted. If any on-field coach calls a time out and that time out is called too late for the official to stop play, and the call for time out causes any delay by any player, the official will immediately whistle play dead.

Penalty: Team that caused violation will be assessed a dead ball 5 yard penalty and repeat the down.)

1.5.3 Bantam and 3rd Grade “Only”: Once the ready for play whistle is blown all 11 offensive players must huddle together with the on field offensive coaches. If any offensive player leaves the huddle all play instruction must stop for both offense and defense “No Physical, Verbal or Non-Verbal communication with the on field players can be given by any on field coach. All offensive huddles must be a minimum of 5 yards from the line of scrimmage. The on field coach is NOT permitted to become involved with the play or communicate with the players at any time during the play. The on field coaches must stay ten (10) yards behind the deepest player or official “whichever is deepest” at all times. *Special note: coaches may assist players to their proper position, but NO play instruction can be given.

- □ 1st infraction - verbal warning
- □ 2nd infraction - 5 yards penalty (added yardage after play defense and at previous LOS on offense or at dead ball spot if behind original LOS)
- □ 3rd infraction - 10 yards penalty (added yardage after play defense and at previous LOS offense or at dead ball spot if behind original LOS)
- □ 4th infraction and beyond - 15 yard automatic first yard on defense, end of play/ 15 yard at snap on offense, loss of down or at dead ball spot if behind original LOS)

□ □ All other penalty yardage assessments will be in accordance with O.H.S.A.A. playing rules.

□ □ (Exception: Bantam & 3rd Grade “ONLY” - An on field coach or game official for the purpose of gaining proper alignment “to make the play legal by rule” can only move an offensive lineman or defensive lineman to achieve the proper ready for play alignment. (NO play instruction of any kind can be given.)

1.5.4 Any player receiving a second illegal helmet contact during the game will be ejected. Any team receiving 3 or more illegal helmet contact fouls during a game, the HC will report to the next WOJFC Board of Trustee Meeting. :

1.6 Ineligible Players

1.6.1 All non-ball carrying players who are not certified to carry the ball will be issued a sticker by the WOJFC. This will be used for Player(s), Coaches and Officials to identify players in ball eligible positions.

1.6.2 Any Offensive Player not on the Line of Scrimmage at the snap of the ball, must be a non-stickered player. Violation will be called as a Live Ball Foul.

Penalty: First two offenses will be a 5 yard penalty.

Third Offense and beyond will be a 15 yard penalty.

1.6.3 On pass plays when the ball crosses the neutral zone no stickered players can be beyond the line of scrimmage or receive the pass. Violation will be called as a Live Ball Foul, ineligible player down field will be a 5 yard penalty, and a stickered player receiving or touching the ball will result in a 15 yard pass interference.

1.6.4 Any question of player ineligibility should be handled by sending a coach or league representative to the opponent’s sideline with a roster to jointly determine the player’s eligibility. The game will not be stopped for this matter unless either team elects to call a timeout to check for a possible violation. If the player is determined ineligible, the Game Official shall be notified to stop play, the player shall be removed for the remainder of the game, the Head Coach will be assessed an unsportsmanlike 15 yard

penalty, and the team if calling a time out, will get it back. In the event the questioned player is eligible, the team calling the timeout forfeits its time out.

1.6.5 If a coach cannot present a roster to support a child's eligibility, the guidelines of 1.6.1 and 1.6.2 shall be as followed, the child must be removed from the game and the Head Coach will be assessed an unsportsmanlike 15 yard penalty. In the event that a coach refuses to cooperate by checking rosters, the Head coach will also be assessed a second unsportsmanlike 15 yard penalty and ejected from the game.

1.7 Penalties for Restricted Zone Infractions

1.7.1 At no time during regulation playing time shall any spectator or person be permitted in the end zones or at the goal posts. In the case of the first infraction, in a given game, it shall result in a warning given by the game officials and an announcement made to the spectators by the field public address.

1.7.2 A second infraction in a given game shall result in a penalty. If the infraction is on the offensive team, 15 yards from the ensuing spot or line of scrimmage and loss of down. If on the defensive team, a 15-yard penalty yards from the ensuing spot or line of scrimmage and an automatic first down for the offensive team.

1.7 Penalties for Restricted Zone Infractions - Continued

1.7.3 In case of repeated infractions, for a given game and/or at more than one (1) level of play on a given game day could result in a forfeiture of the game and/or games played that day and be cause for review and/or action taken as deemed appropriate by the Board of Trustees for the WOJFC. Any repeated infraction must be addressed in writing to the Communications Officer by the Monday meeting following the infraction. After proper warning has been issued, game officials can require that a person(s) including spectators be removed from the playing field and/or spectator area for a given game day. Game officials can delay the play of the game until said person is removed from the area.

1.8 Protests

1.8.1 A protest must be made to the Head Official at the time of the infraction of the rules (not judgment calls) prior to the snap of the next play. The protest must be made by the Head Coach after calling a timeout. If the Head Coach wins the protest, he will not be charged a timeout.

1.9 Minimum Play Rule (See WOJFC By-Laws 9.8.3 and 9.8.4)

1.9.1 Minimum Play Rule - All players must play a minimum of five contact plays per half.

Non-contact plays that do NOT constitute a play are as follows:

- Kicking on PATs
- Field goal attempts
- Taking a knee at any grade level
- Punts at 4th grade (and below)

***Special Note:** Penalty for violating the minimum play rule is an automatic 1 week suspension of the Head coach or acting head coach for each play a player does not meet the minimum requirement for that game. This rule is subject to additional disciplinary action by the WOJFC Board of Directors

1.9.2 The Head Coach or designated Head coach for each team will sign, date and turn-in the WOJFC minimum play sheet "for that game" immediately following the conclusion of his or her game to the designated person for that game site (usually the Concession Stand). It is recommended that the Head Coach or designated Head coach get the WHITE and YELLOW copies signed by the person you are turning the copies into at that time. The coach should keep the remaining Yellow copy for his own records. Failure to turn in your White copy of the Minimum Play Sheet immediately following the conclusion of your game will result in an automatic 1 week suspension for the Head Coach for the first offense, and a one year suspension for a subsequent offense. This rule is subject to additional disciplinary action by the WOJFC Board of Directors.

1.9.3 If you wish to track the Minimum Play Rule of your opponent, you must send a team representative from your sideline roster to their sideline at the start of the game. The opposing team must allow your Representative access to their sideline and your representative must track plays with their designated person that tracks their plays. Your representative, on the opposing sideline, will track the plays on the pink copy given to your coach prior to the game, and the opponent will track plays on the White copy with

the remaining yellow carbon. You must do this together. Once the game has started, your representative may not leave the sideline at any time. This is to prevent anyone from "sideline scouting", and reporting back to their team at the half, etc. Punishment for not allowing an opposing representative access to your sideline is a one week suspension for the Head Coach on the first offense, and a one year suspension for a subsequent offense. **1.9.4** Also, if the 5 play minimum rule is violated during the Tournament, the punishment will be an automatic life time ban for the Head Coach or the Designated Head Coach from the WOJFC and team may be removed from the tournament as determined by the WOJFC Board of Trustees. If this rule is violated during Semi Finals or Finals the offending team will forfeit the game immediately.

1.9.5 Roster, minimum play sheet and pink stickers will be checked by Site Rep for that game site. Home team will be checked no later than 30 minutes prior to official start time. Visiting team will be checked no later than 20 minutes prior to official start time. Any player arriving after roster check may be approved for play by Home Site Rep. approval must be prior to coin toss

1.10 Clock Procedures

The following timing procedures shall be used by the Officials to time all WOJFC games.

1.10.1 The clock will be stopped on plays that result in an incomplete pass, a ball carrying players goes out of bounds, and will not start until the SNAP OF THE BALL.

1.10.2 The clock will be stopped (if live, stops when the play is whistled dead) on all penalties, and will start with the referee's READY FOR PLAY whistle, unless Rule 1 applies.

1.10 Clock Procedures - continued

1.10.3 The clock will be stopped on all first down's, and start after the chains reset, teams have 11 players on their side of the ball, and the ball is MARKED READY FOR PLAY.

1.10.4 The clock will be stopped on all NON PUNTING team change of possessions (fumbles, interceptions, 4th down plays, penalty resulting in loss of down). After the chains reset, and both the offense and the defense have 11 players on the field, the ball is MARKED READY FOR PLAY game clock will restart. Exception: see rule 1.10.1.

1.10.5 The clock shall stop after every team punt is completed (all grades), and will not restart until the SNAP OF THE BALL of the new team's possession.

1.10.6 - 4th, 5th, and 6th Grades Teams will have 30 seconds after the "ready for play whistle" is blown to snap the ball.

1.10.7 - Bantam / 3rd Grade Teams will have 40 seconds after the "ready for play whistle" is blown to snap the ball.

1.10.8 The clock shall start for each new team possession after touchdowns, successful field goals, and safeties, when teams set with 11 players, chains are set, and ball is MARKED READY TO PLAY.

1.10.9 The clock shall stop for the start of the 1st, 2nd, 3rd, and 4th quarters until the SNAP OF THE BALL.

1.10.10 The clock shall stop for all injuries and remained stopped until the injured player has cleared the field and has been replaced with a new player.

1.10.11 The Home Team announcer shall call the next game's teams to the end zones before the game start time.

Home Team shall announce team rosters 10 minutes before each game time, or immediately after the existing game is over, if there are less than 10 minutes remaining until that game's start time.

1.10.12 Suggestion for Timekeepers, any official on the field can stop the clock, (waving both arms above the head), but the referee WILL ALWAYS start the clock (winding arm in a circular motion).

1.10.13 Qualified personnel should operate the clock, chains and down markers and they must be a minimum of fifteen (15) years of age. A 15-yard penalty will be enforced against the home team for failure to have a chain gang or clock operator in place at the start of game. All Clock and Chain Gang personnel are required to meet with the League Rep/Alternate, Site Reps and Game Officials before each game. All Chain Gang members are required to wear a YELLOW or ORANGE REFLECTIVE VEST, at all times during the game and half time.

****Special Notes:**

Chain Gang Members are **NOT** permitted to have electronic equipment "Cell Phones, etc." in their possession at any time during the game or half time. Penalty for having electronic equipment is immediate removal from the game.

□ Chain Gang Members are **NOT** permitted to communicate in anyway with players, coaches or team parents during the game or half time.

1.11 Inclimate Weather

The purpose for these guidelines is to provide a default policy to those responsible for making decisions concerning the suspension and restarting of contests based on the presence of thunder and/or lightning. The preferred sources from which to request such a policy for your facility would include your state high school association and the nearest office of the National Weather Service.

1.11.1 Proactive Planning: Assign staff to monitor local weather conditions before and during events. In the event of any lightning or thunder, the game shall be immediately stopped, and all players, coaches and fans will be removed from the field for thirty (30) minutes.

1.11.2 Thirty Minute Rule – Once play has been suspended, wait at least 30 minutes after the last flash of lightning is witnessed or thunder is heard prior to resuming play. The Head Official shall report the time of the lighting/Thunder to the League Rep/Alt Rep or Site Rep.

1.11.3 Once a game has been suspended in the first half due to weather, that game cannot resume for 30 minutes from the time of the last thunder or lighting. The game cannot resume if the restart time is within 30 minutes of the next scheduled game. If the game is suspended due to weather in the second half and three or more plays have been completed in the 2nd half, the game is halted and deemed a complete game. the same guideline is used for night games. note: no day games can start after 5:30 p.m. and night games cannot start past 9:30 p.m. without WOJFC Executive board approval. if games are delayed due to inclement weather the start times of the following game will be adjusted accordingly.

1.11 Inclimate Weather - continued

1.11.4 The same weather delay schedule shall be followed on Sunday. No games that are suspended or cancelled will be made up, with exceptions for Tournament Games.

1.11.5 Clubs are encouraged to develop an evacuation plan, including identification of appropriate nearby shelters. Hold periodic reviews for appropriate personnel. For more detailed information, refer to the "Guidelines for Lightning Safety" contained in the NHFS Sports Medicine Handbook, which can obtained by calling 800-776-3462.

1.12 Kicking (PAT's, Field Goal's) Bantam, 3rd, 4th, 5th, 6th Grades

1.12.1 There will be no kickoff. The ball will be placed on the 35-yard line to start play for the 1st & 3rd quarters and after all touchdowns and field goals. The ball shall be placed at the opponent's 45 yard-line after a safety.

1.12.2 The kicking of extra points and/or field goals is permitted. There will be no weight limit restrictions placed on the kicking team. Any team lining up to kick the ball must kick. A muffed field goal attempt inside the 20 yard line will result in the ball being placed on the 20 yard line and turned over to the opposing team, outside the 20 yard line the ball will be returned to the original line of scrimmage and turned over to the opposing team. A muff is defined as the placeholder having to move their pivot point (one foot) to retrieve the ball. The holder on field goals and extra points may kneel or stand to receive the snap but must immediately go to the kneeling position for the kick. A holder may rise to catch a snap and the ball may roll to the holder. The holder may use a 2 inch tee and cannot place the ball on their shoe as a tee.

1.12.3 The coach on the field must advise the referee of his intent to kick. There will be no rushing by the defense on PAT's or field goals. Violation: Dead Ball 5 yard penalty re-kick or re-declare. There are no returns on any field goal attempts. Missed attempts from outside the 20 yard-line will be placed, with a change of possession, at the previous spot. Missed attempts from the 20 yard line or closer will be placed, with a change of possession, at the 20 yard-line.

1.12.4 When attempting field goals, or PAT's, the kicker will have ten (10) seconds and punts five (5) seconds to kick the ball, after the snap from center. Violation: Dead Ball 5 yard penalty re-kick or re-declare.

1.12.5 There will be no fake punts, field goals, or extra points, immediate dead ball whistle. Violation: Dead Ball 15 yard unsportsmanlike penalty levied against the Head Coach and loss of down.

1.13 Tournament Overtime Procedures

1.13.1 First possession in overtime will be determined by a coin flip, as if to start the game. Winner of flip chooses which end of field to start play or take first possession. The start of overtime shall remain at the

one end of the field until there is a winner. Team losing first flip gets second overtime choose of first possession or defense and it alternates with each subsequent overtime period.

1.13.2 Each team will take first possession of the ball at the opponent's 20-yard line, and be given four downs to either score, or make a first down. If a first down is made, the team will receive four additional downs to try and score. Both teams will get a chance to score in overtime.

1.13.3 If, at the end of the first overtime period, the score remains tied, each team's subsequent possession will begin at the opponent's 10-yard line, and each team will be given four downs to try and score.

1.13.4 There shall be only 1 time out per team in all Overtime periods. No carryover of time outs from regulation into overtime or overtime to overtime.

1.14 Play of the Game

1.14.1 If a team does not have 11 properly equipped players at the time of the coin toss, that team shall forfeit the game.

1.14.1a Any player removed due to improper equipment must remain out of the game for 3 plays, so equipment can be properly replaced or repaired. Once equipment is corrected the team may use a time out or wait till quarter ends or half time to have the Head Official of that game approve the equipment in question. If approved, player may re-enter game. If equipment not approved, player will remain out for remainder of game." If same player must leave for equipment issue by official again, that player may not re-enter for remainder of the game.

1.14.2 Any Home Site that does not have the OHSAA 2 yard restricted zone marked as required by OHSAA, the Home Team will receive a 15 yard penalty to start the game and a 15 yard penalty prior to the start of each additional game. If the designated Home Team is NOT a team from the hosting Home Site penalty will be assessed to either team, but the Host Site will be fined \$100 per game that the 2 yard restricted zone is NOT marked.

1.14.3 When the Head Coach is ejected from a game, the coaching staff of that team must notify the Head Official immediately as to who will be the acting Head Coach of that team for remainder of the game.

1.14.4 An individual Coach, Player, Sideline Personnel or Spectator that receives 2 unsportsmanlike penalties, 1 flagrant unsportsmanlike penalty or an ejection from a game and/or game site, is suspended for a minimum of 1 week. The individual that is suspended will have NO contact with his or her team players or coaches during the suspension.

Contact is defined by:

- No Verbal communication permitted
- No Non-verbal communication permitted
- No Written communication permitted
- No communication of any type
- Can NOT be present at games or practices while suspended

NEW 1.14.5 All defensive scores that happen when any team is ahead on the score between 29 and above in points, will not count toward the 35 point rule. The extra point on any of the defensive scores will not be performed.

1.14.7 TOURNAMENT NOTE: If the suspension occurs in a Saturday game, and the team plays the next day on a Sunday, the suspension is for 1 game and will be served that Sunday. If the team advances on Sunday, the Coach will have no contact with his/her team, as described in 1.14.9, but will be able to coach in the following Saturday game.

1.14.7 The suspensions and/or sanctions listed in 1.14.3 through 1.14.4 CAN NOT BE APPEALED.

1.14.8 The WOJFC Board reserves the right to modify any and all Rulings, Suspensions and/or Sanctions as deemed necessary. (Reference BY-LAW 4.3.1).

Article II – Tackle Program Rules

2.1 Play of the Game

2.1.1 The offense is allowed thirty (30) seconds to initiate the next play, after the ball is marked ready for play by the Head Official.

2.2 Punting – 4TH/ 5TH/ 6TH Grades

2.2.1 You must notify the official (who in turn notifies the opposing team) of intent to punt. Defense must be given the opportunity to set. Notification of intent to punt must be given within 10 seconds after the ball is whistled ready for play. Failure to inform the official within the 10 seconds of intent to punt would require the offense to take a time out if they still wish to punt or be penalized a five-yard delay of game. (If a time out is called after notification is given; the offensive team must re-declare their intention to the Head Official after time out is ended. The defense is notified by Head Official and given time to set.

2.2.2 No weight limit on kicker (intended receivers must meet weight restrictions).

2.2.3 Both defense and offense must have seven (7) players on the line of scrimmage at the time of the snap. The 5 Offensive Players (from tackle to tackle) must be no farther apart than fingertip to fingertip.

Violation: Live Ball 5 yard penalty.

2.2.4 Punter must be a minimum of five (5) yards from the line of scrimmage at the time of the snap.

2.2.5 There are no muffed snaps on a punt. The Punter must stay between the Tackles upon punting. (Punter cannot run to the end of Offensive line and punt). The ball must be kicked within five (5) seconds after the snap.

Violation: Live Ball 5 yard penalty re-kick or re-declare.

2.2.6 Offense and defense shall have No line contact or crossing the line of scrimmage at the time of the snap and until ball is kicked. **Violation:** Dead Ball 5 yard penalty re-kick or re-declare

2.2.7 Prior to the snap for punt, there are no loud noises or yelling permitted by the receiving team or kicking team.

Violation: Live Ball 5 yard penalty re-kick or re-declare.

2.2.8 If the punted ball strikes an offensive player (behind the line of scrimmage), or does not cross the neutral zone, the ball is dead and will be spotted at the original line of scrimmage, and results in a change of possession, if 4th down.

2.3 Punting – 5th and 6th Grades Only

2.3.1 Following the kick of the ball, O.S.H.A.A. rules apply.

2.3.2 No offensive or defensive players can move until the ball is kicked.

2.3.3 Ball is live if first touched by the receiving team after it crosses the neutral zone. Muff of punt by receiving team and recovered by kicking team can't be advanced by the kicking team. If Defense touches ball within the expanded neutral zone, touching is ignored as muff by Defense.

2.3.4 A PINK stickered player may be back as a blocker for the receiving team during the punt, but the PINK stickered player can NOT touch the punted ball. If a PINK stickered players touches the punted ball it will be a Live Ball Penalty, Illegal participation penalty 15 yards from the previous spot.

2.4 Punting for 4th Grade Only

2.4.1 There are no punt returns in 4th grade.

2.4.2 No minimum yardage shall be given. Actual spot of the ball will be actual yardage gained via the kick. The ball is declared dead once downed by the receiving team or blown dead by an official. The downed deepest spot will be the point of first touching by receiving team or ball goes beyond first touching and downed by receiving team.

2.4.3 If the ball is kicked or downed inside the 10-yard line, the ball will be placed on the 10-yard line and marked ready for play (change of possession takes place). If the ball is kicked in the end zone, the ball will be placed at the 20-yard line and marked ready for play.

2.5 Punting for Bantam & 3rd Grade Only

2.5.1 There will be no punting. The ball will be advanced twenty-five (25) yards, but not inside the opponent's twenty (20) yard line.

2.5.2 All punts shall have 15 seconds counted off the clock from the time the Head Official gives the start the clock signal for punts and the clock shall stop at the end of the 15 seconds, and the clock will not restart until the snap of the next play.

Article III – 3rd Grade Program Rules

3.1 Play of the Game 3rd Grade

3.1.1 – 3rd Grade Teams will have 40 seconds after the “ready for play whistle” is blown to snap the ball.

3.1.2 Defensive player(s) “nose guard and/or tackles” are NOT permitted to be over the center or in the “A” gaps at any time. Defensive player(s) “tackles” must be head to head with the offensive guards at the snap of the ball.

Defensive player(s) in front of the center or “A” gaps must be a minimum of two yards back from the line of scrimmage. Defensive lineman **over offensive guards only** must be in a 3 or 4 point stance at the snap.

Defensive player(s) are permitted to line up and rush in all other offensive gaps (Not A Gaps). **Violation:** **Live** Ball 5 yard penalty

3.1.3 A maximum number of defensive linemen on the line of scrimmage (sideline to sideline) at the snap of the ball will be six (6). All other defensive players must be two (2) yards off the line of scrimmage at the snap. A live ball foul will be called if more than six (6) defensive linemen are on the line of scrimmage.

Violation: Live Ball 5 yard penalty.

3.1.4 Blitzing – Timed blitzing is NOT permitted at any time. All players must be in a set position at the snap of the ball. Blitzing is defined as moving toward the line of scrimmage at the snap of the ball.

Exception: “If an offensive player is in motion prior to the snap a (1) defensive linebacker or defensive end may be in motion with the offensive motion player. If the offensive player becomes set prior to the snap the defensive player must stop his motion.

Violation: Live ball penalty,
1st infraction - verbal warning

☐ ☐ 2nd infraction - 5 yards penalty (added yardage after play on defense and at previous LOS on offense or at dead ball spot if behind original LOS)

☐ ☐ 3rd infraction - 10 yards penalty (added yardage after play on defense and at previous LOS on offense or at dead ball spot if behind original LOS)

☐ ☐ 4th infraction and beyond - 15 yard automatic first down on defense end of play/ 15 yard at snap on offense loss of down or at dead ball spot if behind original LOS)

3.1.5 The offensive line (tackle to tackle) must be spread no farther apart than fingertip to fingertip on the line of scrimmage.

Violation: **Live** Ball 5 yard penalty.

3.1.6 Fumbles- fumbles (must touch the ground.), are live at the 3rd grade level. The ball cannot be advanced upon recovery. There is no stripping of the football allowed. **Violation:** Stripping the ball is a live ball 5 yard penalty enforced from spot of the foul, if accepted, repeat the down.

Article IV Bantam Only

4.1 Play of the Bantam Game

4.1.1 – Bantam Teams will have 40 seconds after the “ready for play whistle” is blown to snap the ball.

4.1.2 Defensive player(s) “nose guard and/or tackles” are NOT permitted to be over the center or in the “A” gaps at any time. Defensive player(s) “tackles” must be head to head with the offensive guards at the snap of the ball.

Defensive player(s) in front of the center or “A” gaps must be a minimum of two yards back from the line of scrimmage. Defensive lineman **over offensive guards only** must be in a 3 or 4 point stance at the snap. Defensive player(s) are permitted to line up and rush in all other offensive gaps (Not A Gaps). **Violation:** **Live** Ball 5 yard penalty

4.1.3 Defensive lineman shall not dive block or bear crawl below the waist of offensive lineman at the snap. **Violation:** Live Ball 5 yard penalty, repeat the down.

4.1.4 A maximum number of defensive linemen on the line of scrimmage (sideline to sideline) at the snap of the ball will be six (6). All other defensive players must be two (2) yards off the line of scrimmage at the snap. A live ball foul will be called if more than six (6) defensive linemen are on the line of scrimmage.

Violation: Live Ball 5 yard penalty.

4.1.5 Blitzing – Timed blitzing is NOT permitted at any time. All players must be in a set position at the snap of the ball. Blitzing is defined as moving toward the line of scrimmage at the snap of the ball.

Exception: “If an offensive player is in motion prior to the snap a (1) defensive linebacker or defensive end may be in motion with the offensive motion player. If the offensive player becomes set prior to the snap the defensive player must stop his motion.” **Violation:** Live ball penalty, 1st infraction - verbal warning

☐ ☐ 2nd infraction - 5 yards penalty (added yardage after play on defense and at previous LOS on offense or at dead ball spot if behind original LOS)

☐ ☐ 3rd infraction - 10 yards penalty (added yardage after play on defense and at previous LOS on offense or at dead ball spot if behind original LOS)

☐ ☐ 4th infraction and beyond - 15 yard automatic first down on defense end of play/ 15 yard at snap on offense loss of down or at dead ball spot if behind original LOS)

4.1.6 Offensive line (tackle to tackle) must be spread no farther apart than fingertip to fingertip on the line of scrimmage. **Violation:** Live Ball 5 yard penalty.

4.1.7 Offensive Blocking - Offensive Player(s) NO blocking below the waist at any time. **Violation:** Live Ball 5 yard penalty, repeat the down.

4.1.8 Fumbles - In the event of a fumble (ball makes contact with the ground.), the ball is dead where it hits the ground. There is no change of possession (except 4th down). Players can NOT steal (strip) the ball from the ball carrier. **Violation:** Stripping the ball is a live Ball 5 yard penalty from spot of the foul repeat the down.

4.1.9 Interceptions - In the event of a defensive interception of an attempted forward pass or airborne lateral, the defense may take possession and advance the ball. (Ball must be in the air NOT a strip or fumble).